

THE WATCHDOG



Volume 2, Issue 1

Page 1

February 6, 2004

Centurions hone critical skills at Gunnery

Story, photos by Pfc. Alex Licea Editor

aek-ill Range- The site was like frozen tundra as Soldiers of the 57th Military Police Company looked down

range on a snowy Tuesday morning and blistering cold afternoon. Firmly placing their snow-covered boots on the icy ground, Soldiers yelled their command "troops in the open 600 meters" and fired their weapons into the open field looking for a direct hit.

For these Camp Carroll based military police troops, improving their weapons proficiency during the gunnery conducted this week was a must, especially with the frequent turnaround of new Soldiers coming in to the company.

"A lot of these Soldiers come from Basic and Advanced Individual Training and simply do not get this type of training during that short amount of time," said Sgt. Joseph Matthew Jones III, team leader for second platoon. "They do not see the weapons enough during basic and AIT."

The training here gives them the will to fight, because



Col. Peter M. Champagne, 8th Military Police Brigade commander, encourages Pvt. Patrick Gibbs as he adjusts his sights during his qualification on the MK-19 40mm grenade machine gun during the 57th MP Company Gunnery, Feb 2nd.

Force Protection Information

The U.S. Forces Korea Civil Gathering Hotline is an automated recording, updated daily intended to inform servicemembers and their families across the Korean peninsula about ongoing pro or anti U.S. civil gatherings. When on post simply dial 115. The hotline informs callers about the dates and times of scheduled civil gathering as well as locations. If you find yourself in one of these areas and need assistance simply call 112 for the Korean National Police. If in Seoul dial 02-7914-3004 or 3005 for Yongsan's military police.

If in other area of Korea, soldiers and their families can refer to the emergency phone numbers on the USFK SOFA card.

Reminder: All USFK Personnel and their family members are required to carry a SOFA card at all times. Be safe and use the Buddy System

See Gunnery, page 2

Inside this Issue

Feature of the week:
57th MP Co hones its skills at
GunneryPage 2
Upcoming EventsPage 3
Bde leadership visit Area III
based unitsPage 4
Picture of the WeekPage 5
KATUSA KORNERPage 6
Incoming SoldiersPage 7

From page 1

Page 2



Spc. Jason Goeke takes a look at targets down range during qualification

being able to shoot and become familiar with these weapons is very essential, he added.

During the 57th MP Co gunnery, Soldiers had the opportunity to qualify on weapons such as the AT-4 rocket launcher, M249 squad automatic weapon, MK19 40mm Grenade Machine Gun, and the M203 Grenade Launcher.

However, before any am-

munition was fired, Soldiers first took in a Preliminary Marksmanship Instruction session in order to educate them on their weapons systems and help new members get familiarized with each weapon.

After PMI, each team began their qualifications tables on stationed weapons. Soldiers performed and sharpened their skills on how to fire, load, and unload each weapon, perform immediate action, and fire weapons at different distances that ranged from 100-900 me-

ters. For many MPs, this was the first time qualifying with these weapons systems.

"This is my first time doing a MK-19 qualification," said Pvt. Patrick Gibbs, second platoon. "It is a critical skill especially in a field environment."

Gibbs, along with Spc. Jason Goeke, Pfc. Shanie Perez and Korean Augmentation to the United States Army Soldier Cpl. Lee, Jon-wook were

See Gunnery, page 3



A Soldier prepares to fire his MK-19 40 mm Grenade Machine Gun

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The Watchdog

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Feature of the Week

From page 2

awarded for their efforts when they received a very special thanks from "Watchdog Six" himself Col. Peter M. Champagne, 8th MP Brigade commander.

Champagne talked to each Soldier after their qualification and applauded their efforts on a job well done by presenting each troop with a commander's coin.

"This company has come very close in meeting my high standard for the MK-19 gunnery. I was very pleased to see the significant progress the Centurions have made since their last gunnery," said Champagne.

For the brigade commander, the company gunnery is an essential part of the 8th MP Bde's live-fire exercise and makes it one of the top priorities.

"Like true warriors, these soldiers did not let the cold weather dampen their



Pfc. Shanie Perez is awarded a commander's coin by "Watchdog Six" for a job well done

spirit, motivation, and performance," he said. "Each team had all the equipment they needed for the gunnery and it was all serviceable. Soldiers performed their individual team roles as Team Leader, Gunner, and Assistant Gunner in an outstanding manner in accordance with the 8th MP Brigade MK-19

Crew Drill Book."

"Gun commands were quickly translated into action and targets destroyed. MK- 19 Gunnery is a beautiful thing to watch when Soldiers perform as a team to standard," he added.

The Centurions now look forward to the future with their upcoming live-fire exercise.

Upcoming Watchdog Events

Feb 9th- Visit by former ROK Prime Minister- Mr. Lee, Hong-ko

Feb 9th-13th- Visit by Regimental MP Sergeant Major

Feb 10th- 557th MP Co Gunnery

Feb 13th-16th- President's Day Holiday







Attention!

Brigade leadership visits Area III based units

Story, photos by Cpl. Min, Kyung-nam Staff Writer

ol. Peter. M. Champagne, 8th Military Police Brigade commander, and Command Sgt. Maj. Tommie Hollins, 8th MP Bde command sergeant major, paid a visit to the 249th MP Detachment's confinement facility external evaluation or EXEVAL, along with other events on Jan 29th.

The EXEVAL, which was conducted from Jan 28th till the 31st, demonstrated the unit's ability to conduct its wartime mission, validate past training techniques, and served as a roadmap for future training.

The two leaders began their visit by observing the confinement facility's prisoner control demonstration team, dining facility and each individual cell.

"This unit is performing its mission to a very high standard in true Watchdog fashion," said Champagne.

After the EXEVAL, the brigade commander and brigade command sergeant major headed toward the dining facility for a lunch with Soldiers.

For Non-commissioned officers, Soldiers and Korean Augmentation to the United States Army Soldiers this was a chance to speak with the brigade's top two figures and ask questions about some of



The prisoner control demonstration team sustains a simulated aggressive prisoner during the 249th MP Co EXEVAL



First Sgt. Daniel F. Borrero, 249th first sergeant, gives Command Sgt. Maj. Tommie Hollins, 8th MP Bde command sergeant major, a tour of the barrack's dayroom

their concerns and issues.

During the luncheon, "Watchdog Six" emphasized some key points such as healthy living and eating, discussed the brigade's recent white cycle that gave Soldiers a chance to "recharge" their spirits, physical toughness and about the benefits of extending their assignment in the Republic of Korea.

"I'm particularly concerned about what our Soldiers eat. MPs are on separate rations due to the nature of their work. Of course this means that they are not issued a meal card and either have to cook their own food or eat out. Most young Soldiers don't have a clue on how to prepare a nutritious meal so they resort to fast foods, which are high in calories and fat. In a brigade that has physical fitness as its top priority, Soldiers must eat the right kind of foods, in the right amount, in the right combination, and in the right proportions as leading fitness expert and author, "Bill Phillips" advocates. In order to achieve a maximum level of fitness Soldiers must consume nutritional meals. I challenge the chain

Watchdog News

From page 4



Col. Peter M. Champagne, 8th MP Bde commander, tests out the gym's equipment to ensure its serviceable for the Soldiers stationed at Camp Humphreys

of command to get involved and ensure their Soldiers are eating right."

"I don't think anyone out there has earned the coveted "BIG DOG" Iron Watchdog Gold Medal by consuming super sized happy meals at fast foods restaurants everyday," said Champagne.

Both Champagne and Hollins listened to every Soldier's comment giving each individual a sense of comfort and pride.

"It is very good to see the brigade commander and sergeant major come and see the way we work, and how we live despite our busy schedules," said Cpl. Monique R. Trevino 249th MP Co resettlement NCO. "I really appreciate them visiting our unit."

After lunch, both senior leaders participated in the promotion of Charles T. Walker who was promoted from master sergeant to the rank of sergeant major.

Once the promotion concluded, the leaders then visited the living areas for the Soldiers of the 249th and 557th units.

Both leaders spoke with troops and asked them about their quality of life in the

barracks while checking their facilities and common areas.

"I have no problems or complaints, said Pvt. Ann P. Wells. "I'm ready to fight."

For the brigade leadership the issue of quality of life is a big part of the brigade's priorities.

"The command sergeant major and I now have a good feeling for most of the issues and we will work with the chain of command to resolve them in order to provide the best quality of life for our Soldiers," said Champagne.

"The barracks are a nice living area for the Soldiers," added Hollins.

As the two leaders headed back to Yongsan, they discussed how satisfying the visit to the Humphreys area was.

"The Soldiers were in high spirits," said Hollins. "We were really pleased with the Soldiers that we met."



PICTURE OF THE WEEK

"Penalty on the field"

Maj. Andrew Schell, 8th MP Bde executive officer, does his best referee impression during the HHC "football themed" Hail and Farewell, Jan 30th.

Photo by Pfc. Alex Licea Watchdog Editor

Korean peninsula under "Hyo-Lee fever"

By Cpl. Min, Kyung-nam Staff Writer

or most American servicemembers servicing in "The Land of the Morning Calm" the name Lee, Hyo-Lee many not sound familiar but in the Republic of Korea, it is virtually impossible to watch television or listen to the radio without seeing or hearing Lee, Hyo-Lee. In fact many people in Korea have called the popularity of the singer/actress "Hyo-Lee syndrome."

Lee was born in 1979. She first burst on the pop culture scene in 1998 as a member of the musical group "final killing liberty" simply known as Fin.K.L. The group quickly sky rocketed to the top of the Korean pop charts and within months made the four members of the group pop stars.

In 2003, the 24-year old came out with her first solo project titled "Stylish...E" Her popularity has also led her to the small screen where Lee hosts the Korean talk show "Happy Together" and the show "Time Machine." She has also stared in many TV commercials selling her "sexy" yet wholesome image to many beverage, clothing, electronics, and motor vehicle companies such as Daewoo.

Her most famous song is titled "10 minutes".



Lee, Hyo-lee

This song talks about a girl who is trying to grab the attention of a boy she likes within 10 minutes.

Lee will make her feature film debut in a Hong Kong film that is scheduled for release later this year.

한국의 효리 열풍

주한 미군에게 이효리는 낯선 이름일지 모르나 한국 방송에서 이효리의 얼굴이나 노래를 못 보고 듣는 것은 거의 불가능하다. 사실 최근에는 '효리 신드롬' 이라는 신조어까 지 생겨날 정도로 그녀의 인가가 치솟았다.

이효리는 1979년에 태어났다. 그녀는 1998년에 핑클의 멤버로 처음 데뷔했다. 4명의 여자들로 구성된 이 그룹은 나온지 얼마되지 않아 정상의 자리에 앉았다.

2003년에 이효리는 'Stylish...E' 라는 솔로 앨범을 발매했다. 거기다가 그녀는 '해피 투게더' 와 '타임 머신' 등 의 프로그램의 MC도 맡았다.

그녀는 그녀의 섹시함을 무기로 음료, 의류, 전자 제품, 자동차 등 많은 광고에 출연하였다.

그녀의 유명한 노래 중 하나는 '10 minutes' 이다. 이 노래는 한 여자가 한 남자를 단 10분 만에 자기의 남자로 만든다는 내용이다.

올해 안에 그녀는 홍콩 영화를 찍을 예정이다.

The Watchdog February 6, 2004

Page 7

P۱	/2 CASTANEDA, ANTONIO	31B	55/94TH	PV2 BOOKER, KYLE 31B 55/94	TH
PF	C MAHAFFEY, KYLE	31B	552/728TH	PVT NADEAU, DUSTIN 31B 57/728	3TH
P۱	/2 BROUSSARD, JONATHON	31B	249/94TH	PVT FRANTZ, SCOTT 31B 552/72	8TH
P۱	T ELDRIDGE, STEVEN	31B	142/94TH	PV2 SCHLEICH, KRYSTLE 31B 55/94	TH
P۱	/T JOYCE, DESMOND	31B	57/728TH	PFC BENNINGFIELD, WILLIAM 31B 188/72	8TH
PF	C VARGAS, VIVIANNA	31B	552/728TH	PFC WEBSTER, CARLOS 31B 57/728	зтн
P۱	/2 SQUIRES, BRIAN	31B	55/94TH	PVT COSBY, MARCUS 31B 552/72	8TH
PF	C BROCK, TYLER	31B	57/728TH	PFC PIERCE, JEREMY 31B 552/72	8TH
PF	C SNODGRASS, JAIME	31B	188/728TH	PVT BOYD, MICHAEL 31B 557/94	1TH
P۱	/2 LANTZ, CHRISTOPHER	31B	552/728TH	PVT WAGNER, VYVKY 42L HHD/72	
P۱	T DAVIS, MALLORY	31B	557/94TH	PVT PETERSON, CLAYTON 31B 57/728	
P۱	T EDMONDS, CLAYTON	31B	55/94TH	,	
P۱	/T WHITE, JEREMY	31B	249/94TH	SSG MCCUMMINGS-BROWN, 31B 55/94 ROSALYN	IП
PF	C FELDT, BRITTANY	31B	188/728TH	PLT GERARD, RAY 31Z 55/94	TH
P۱	/2 Dammann, Dana	31B	557/94TH	PLT USE, CHARLES 31Z HHD/72	28TH





WATCH



DOGS!